



Brazoria County Community Coalition



Bringing the pieces together to protect our youth and communities from substance abuse

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CONTACT: Carie Fletcher, BCCC Coordinator, 979-215-6990
Shelly Higgins, Media Coordinator, 713-478-0421

ALCOHOL AWARENESS FOR FRESHMAN AT ALVIN COMMUNITY COLLEGE

The Brazoria County Community Coalition, in collaboration with Alvin Community College educated college freshman this week during student orientation sessions about the consequences of underage drinking. The Coalition specializes in drug and alcohol prevention efforts and gives presentations to educate adults as well as youth throughout the community.

"When entering into a new world of freedom and choices, many college students find themselves overwhelmed. Freshman college students are at an increased risk of binge drinking and other alcohol-related dangers," said Carie Fletcher of the Brazoria County Community Coalition.

Several studies completed over the past decade have documented that college students engage in binge drinking at a greater rate than non-college students aged 18-24. Binge drinking is defined as 5 or more drinks on a single occasion for males and 4 or more drinks for a female. Binge drinking can lead to other dangers, such as driving under the influence, alcohol poisoning and the risk of developing alcoholism later in life. First year students are at particular risk because many experience adjustment problems related to leaving home and entering a new environment.

"In order to ease the minds of parents and to help new and upcoming college students with the transition, we are excited to discuss alcohol awareness with the freshman at Alvin Community College for the first time and help stem underage drinking in our community," said Fletcher. "The alcohol awareness presentation incorporates statistics about the dangers of binge drinking and information regarding how it affects the brain and potentially GPA scores."

For more information about community presentations or the Coalition's prevention efforts, please contact Carie Fletcher, Coalition Coordinator at carie.fletcher@bacoda.com or 979-215-6990. The Coalition is a project of the Bay Area Council on Drugs and Alcohol (BACODA). BACODA is a community based substance abuse prevention organization that provides sustained leadership and support for the Brazoria County Community Coalition. BACODA has provided comprehensive prevention/intervention services for over thirty years.

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